

From: [Dawn Steffen](#)
To: [Matthew Calvert](#)
Subject: FW: November Family Newsletters
Date: Friday, November 3, 2023 1:49:25 PM
Attachments: [image001.png](#)
[image003.png](#)
[How_to_help_others_with_school_stress.pdf](#)
[Holiday_Art_flyer.2023.pdf](#)
[image005.png](#)
[image004.png](#)
[image010.png](#)
[image016.png](#)
[image018.png](#)
[original-31313A83-808B-41BC-9497-D783BA783A01.jpeg](#)
[image017.png](#)

Hello BBBS Families!

It's hard to believe it's already November! And what a SHOCK to see snow blowing already! This edition is full of educational opportunities for High Schoolers & Middle Schoolers, Coat and Toy giveaways. FREE HOTSPOTS, Free E-reader Books! If you know of other Coat or Gift, give aways, please let me know & we will share this information with other BBBS families.

One additional note, one of the winter drives I'm sharing is the **Holiday Toy Drive from the Ronald Cornell Giving Foundation**. Ronald was a Little in our program who was lost to gun violence in June of 2022. His Big Brother Kevin said this about Ronald in his eulogy: "He was a great team mate, a great class mate, a great student of life, a great friend, a great partner, a great family member, a great brother, and great son. He was so great to be around, so funny, so talented and so ambitious. As many great things as he was and always will be to us, there's infinitely more that he was going to be. So, I think Ronald is asking for us to take him with us and do those great things in his honor that he didn't get a chance to do." With Kevin's words in mind, we hope you will help BBBSChi honor Ronald's legacy by contributing to his Foundation's toy drive and make the holiday a little bit brighter this year. Thank you.

HELPING HAND M B C
ANNUAL

holiday TOY DRIVE

BLESS A CHILD THIS CHRISTMAS
WITH A **NEW UNWRAPPED TOY!**

AGES
12 MONTHS
TO 17 YRS

ACCEPTING DONATIONS TOYS OR MONETARY UNTIL 12.16

CONTACT | CARMALITA WILEY via Phone or Messenger
ZELLE | 773.319.2751 CASHAPP \$RENEE0891

TOY PICK-UP DEC.17TH | SUNDAY SERVICE 10:30AM - 1PM | FIRST COME FIRST SERVED

TOY DROP OFF @ 538 N LAVERGNE CHICAGO, IL 60644



If you'd like to donate, Carmalita has created an Amazon gift list



Or you could drop off a gift. If you have questions, email: Carmalita @ carmalitawiley@hotmail.com
Carmalita welcomes you to her church, Helping Hand Mb Church on Dec 17th for your children to receive a gift.

Coat & Toys GIVEAWAYS!

COAT GIVEAWAY

Northwest Center will be giving away winter coats to families on

November 3
10am to 1pm

Giving away diapers while supplies last
Coats are first come first serve
For children ages 0 to 12
No holds

Parent University
3030 N Mobile Ave
Chicago IL, 60634 (Door 14)

PARENT Community **Cradles** **northwest**

COAT | GLOVE | SCARF | HAT GIVEAWAY!

Sunday | November 5th | 3:00PM - 6:00PM
5628 W. North Ave. | Chicago | 60639 (by the White Castle)

ANYONE WELCOME!

Community Partners will be donating
Coats, Hats, Gloves, and Scarves (and more)
One Coat Per Person | While Supplies Last
*Recipients must be present to receive the donation.

FREE BURGERS AND HOT CHOCOLATE

WE ARE CURRENTLY ACCEPTING DONATIONS FOR COATS, HATS, GLOVES, SCARVES, AND SOCKS

FINANCIAL CONTRIBUTIONS CAN BE MADE ONLINE AT
whataboutusinc.org/donate/

OR BY MAIL
What About US Charitable Enterprises Inc. P.O. Box 8053
Westchester, IL 60154

*Donations are tax deductible. *What About US Charitable Enterprises is a 501(c)(3) tax exempt nonprofit organization.

MTF TEENS 2023 Coat & Boot Distribution

THE MOTHERS TRUST TEENS' ANNUAL COAT DRIVE PROVIDES COATS AND WARM WINTER OUTERWEAR TO KIDS AND FAMILIES IN NEED IN THE LAKE COUNTY AREA

NEW AND GENTLY USED: **WINTER COATS, SCARVES, HATS, GLOVES, SNOW PANTS, BOOTS AND BLANKETS**

SATURDAY, NOVEMBER 18
9AM - 12PM
OR WHILE SUPPLIES LAST

FOSS PARK DISTRICT
1730 LEWIS AVENUE
NORTH CHICAGO, IL 60064

PLEASE CONTACT
MOTHERS TRUST FOUNDATION
FOR MORE DETAILS
847.482.9189
MSUBIDO@MOTHERSTRUSTFOUNDATION.ORG

THANK YOU TO OUR GENEROUS
COAT DRIVE SPONSORS!

DISCOVER **OPERATION warm**
more than a coat!

MTF TEENS 2023 Distribución de Abrigos

LA CAMPAÑA ANUAL DE RECOLECCIÓN DE ABRIGOS PARA ADOLESCENTES DE MOTHERS TRUST PROPORCIONA ABRIGOS Y ROPA DE ABRIGO DE INVIERNO A NIÑOS Y FAMILIAS NECESITADOS EN EL ÁREA DEL CONDADO DE LAKE.

NUEVOS Y POCO USADOS: **ABRIGOS DE INVIERNO, BUFANDAS, GORROS, GUAANTES, PANTALONES PARA LA NIEVE, BOTAS Y MANTAS.**

SÁBADO 18 DE NOVIEMBRE
9 A. M. - 12 P. M.
O HASTA AGOTAR EXISTENCIAS

FOSS PARK DISTRICT
1730 LEWIS AVENUE
NORTH CHICAGO, IL 60064

¡GRACIAS A NUESTRO GENEROSO PATROCINADORES DE COLECTA DE ABRIGOS!

COMUNIQUESE CON LA FUNDACIÓN MOTHERS TRUST PARA OBTENER MÁS DETALLES.
847.482.9189
MSUBIDO@MOTHERSTRUSTFOUNDATION.ORG

DISCOVER **OPERATION warm**
more than a coat!

[Irving Park Community Food Pantry](#) Wednesday Mornings 9-12 Coats are available.

[Winter Wonderland Sign Up](#) December 9th – Coat and Toys

[Yvette's Heart of Angels Toy Giveaway](#) December 9th

[Winter Coat & Toy Drive December 10th](#)

BBBSCHI OPPORTUNITES:

Do your kids LOVE to do art? We have 2 GREAT opportunities to use that skill. Flyers are attached. We'd LOVE to have your child design our Holiday card!

WINTER ART CONTEST

BIG BROTHERS BIG SISTERS is in search of original artwork by Littles (and their Bigs)! This year we are starting early and would like you to share what the holidays or the winter season look like in your neighborhood.

Perhaps it's a snowy neighborhood landmark under a streetlamp?
 Or kids having a snowball fight in their courtyard?
 Maybe it's a Chicago scene from your favorite match outing this year?
 Or a snapshot of the Parade of Lights on the Mag Mile?
 How about the Nutcracker? The possibilities are endless!

We encourage you to gather your supplies, take some photos, reflect on your memories this year and translate the beauty of our neighborhoods into a winter wonderland.

BBBSChi would like to showcase your creativity and talent for our annual holiday greeting card this year.

deadline for artwork: Friday, November 10

Theme: Holiday or Winter in Your Neighborhood
Size: 7 x 10, 8.5 x 11, 8.5 x 14
Medium: anything! - paint, photography, chalk, pencil

***email your Match Support Specialist or Program Facilitator to notify BBBS that you would like to participate.**
***Please submit artwork with contact information by Nov 11 via mail (BBBSChi/660 W Lake St, 5th floor/Chicago, IL 60661) or digital scan**

**Participating matches will receive a gift card to be used for art supplies or a special match outing!



- Design the BBBS Chi Holiday Card – **PLEASE design our card!!!** Matches who enter will receive a gift card for an outing or more art supplies!
- Design a pair of Merrell Shoes- All BBBS Littles under the age of 18 may enter by downloading the coloring sheet attached. Then they should create a design inspired by the parks, trees, and outside environment, and email the design to kidsshoeDesign@wwwinc.com by **November 3, 2023** at 11:59 PM EST. The winner will have their shoe produced in Merrell's Fall '24 line of product and will receive a **scholarship** up to \$3,000 towards furthering their education.



How's your Wi-Fi? T-Mobile wants to provide your child a FREE Hot Spot (good for 5 years!).
For details & qualifications – email your MSS, or reply to this email!



Free Library of eBooks to borrow and read on the Open eBooks app. The app is available for download on both iOS and Android platforms. The app requires a minimum of iOS 10 or Android 6. Open eBooks on Web (www.openebooks.org) can be accessed via Chromebooks, laptops, or desktop computers, and on other devices where you can't download a mobile app. Download the app and email me for your account and pin! **SET A READING GOAL** for your children! Reply to this email for your code!

YOUTH ENRICHMENT, EMPLOYMENT & LEADERSHIP OPPORTUNITIES:

MIDDLE SCHOOL SPRING BREAK ACTIVITY for girls & nonbinary: FUTURE FOUNDERS STARTUP SPRING BREAK 2024 Powered by Google. Join middle schoolers from across Chicago for a FREE weeklong bootcamp to learn about entrepreneurship, meet female founders making an impact, and collaborate to create business ideas. All program participants receive a \$100 gift card of their choice. <https://future-founders.lpages.co/startup-spring-break-2024/>

**JOIN SARAH'S INN
YOUTH COMMITTEE**
*"What I wish I knew about
today, tomorrow, and the future"*

Care about social justice?
Want an opportunity to lead?
Need community service hours?
Like pizza?

JOIN OUR MEETINGS!
We meet twice a month on
Thursdays from 6-8pm

SCAN HERE TO JOIN



sarah's inn youth committee



2024 Teen Internships

Open to High School Teens in Chicago
Harold Washington Library Center, YOUmedia
400 S. State Street
+ Various Branch Locations

Teen Best of the Best Internship

Do you Love to Read? Get Paid for It!

Get paid to read and talk about your favorite books of the year. Record booktoks and meet monthly with other teens to curate the ultimate annual book list.

February 2024 – December 2024
Meets the 2nd Saturday of the month



Chicago Teen Gamer's Guild Internship

Get paid to plan the next Gamer's Universe gaming convention

Apply to these sub-guilds:
Esports
Cosplay
Con Planning
Experiential Game Design

January 8, 2024 – June 28, 2024



Teen Digital Content Internship

Transform your social media skills into real-world experience

Start your journey towards a future in social media. Gain hands-on experience, create engaging content, and collaborate with creative minds.

January 8, 2024 – June 28, 2024



College and Career Saturdays Internship

Develop your Photography or Emcee Skills

Perfect your skills and add to your experience in emceeing and photography by helping us host and document our College and Career Saturdays!

January 15, 2024 – December 15, 2024





For application and more information, scan the QR code or visit
chipublib.org/teeninternships



[Chicago Youth Service Corps](#) Jobs for Youth 16-24
JOBS for TEENS!



Connect. Learn. Engage.

You're Invited to

CITY CIVICS DAY

Free Event

BUILDING A BETTER TOMORROW STARTS NOW
November 4
Epiphany Center for the Arts

Register for City Civics Day!

During our 11th Annual Brothers Code event, boys and young men of color from middle school through college will participate in various hands-on activities facilitated by alumni of The Hidden Genius Project, as well as partners from the community. Themes from past events include game development, virtual reality, robotics, programming, entrepreneurship, and rapid prototyping. All youth participants will have a chance to win an array of fun prizes, including laptops, signed sports memorabilia, tech merchandise from our partners, gift cards, and more! <https://brotherscode.org/>

I · NOMA
THE ILLINOIS CHAPTER OF THE NATIONAL ORGANIZATION OF MINORITY ARCHITECTS

PROJECT PIPELINE

TEEN PROGRAM

WHEN:
SATURDAY'S 8AM-1PM
10/21/2023 (Parks & Will)

WEEK 1: CAREER DAY
11/04/2023
(Brook Architecture)

WEEK 2: DESIGN CHALLENGE
11/18/2023 (P&S Architects)

WEEK 3: SKILLS DAY
11/18/2023 (P&S Architects)

WEEK 4: CONSTRUCTION SITE TOUR & COLLEGE VISIT
11/18/2023 (UIC Engineering Innovation Building & Campus)

PROGRAM OBJECTIVE
This program intends to introduce and expose high-school students of color to Architecture and other Design Fields through an array of educational and participatory activities which include guest speakers from various professions, live video, skills training, construction site/neighborhood tours, and more.

Every Saturday for 4 weeks students will be introduced to a series of design tools and learn new ways to think critically about their community. The goal is to understand different types of design career paths, be exposed to the skills needed to succeed and learn more about the work behind a project proposal and development. The four sessions will show the Design Build process: Follow a typical architecture project design sequence: Pre-Design, Schematic Design, Design Development, Construction Documents, Construction Administration.

SCHEDULE

SESSION 1: CAREER DAY
10/21/2023 (Sat-1pm) | 410 North Michigan Ave, Suite 1600
Students will learn about and participate in activities to learn about the following career fields:
- Urban Planning, Landscape Architecture, Engineering, and Architecture & Interiors

SESSION 2: DESIGN CHALLENGE
11/04/2023 (Sat-1pm) | Brook Architecture - 2201 South Michigan
- Students will engage in a design challenge to imagine a space or object

SESSION 3: SKILLS DAY
11/18/2023 (Sat-1pm) | P&S Architects - 126 S. Clark St. Unit 1100
- Students will learn about the visual and presentation tools that make design projects come to life

SESSION 4: CONSTRUCTION SITE TOUR & COLLEGE VISIT
11/18/2023 (Sat-1pm) | UIC Engineering Innovation Building - 345 W Taylor St. & Campus
- We will tour an active construction site, visit a college campus and meet with students, and close out the program

SCAN CODE TO REGISTER

To register and learn more please visit noma.org/pipeline-design-build

For any questions email designbuild@i-noma.org

[Exelon Stem Academy for HS Girls](#) NOVEMBER 8, 2023, 04: 30 PM - 06: 00 PM Join our Student Mentors in a light hearted engineering challenge to make the most efficient rubber band race car. We'll send you the materials you'll need to create your racer.

[Lifeguard Explorers!](#) Earn \$300 and get ready to have a GREAT JOB next summer!

[After School Matters](#) It's not too late to sign up – paid awesome activities for kids 14+ who attend a CPS school

Youth Peer Support Action Summit taking place November 10-11. The free virtual event, designed and led by youth, will unite young people and adult allies for conversation, relationship-building, and learning [Register Here](#)

[Party Per Purpose Teen Center](#) 3932 S California Free Therapy, Free Classes

[After School Writers Workshop Grade 1 - 8 Apply Here](#) Burst Into Books' Headquarters (11001 S. Michigan Avenue, Chicago, IL. 60628). Students will meet twice a week (Mondays and Wednesdays) from 3:30 pm to 6 pm. One hour will be dedicated to homework and 1.5 hours for the workshops. All participants will be developing their writings to become published authors!

[South Side Youth Support](#)

[YOUTH PEER ACTION SUPPORT SUMMIT](#) Doors to Wellbeing and Mental Health America present a national, virtual youth-led summit to unite and inspire youth and young adult leaders in peer support, including peer specialists, program leaders, and advocates.



Save

rites of PASSAGE AFTER-SCHOOL PROGRAM

What About US
Charitable Enterprises Inc.
CHICAGO PUBLIC LIBRARY 150

ABOUT US
Our after-school program offers a safe and trauma-informed environment for students/teens ages 12 to 17 yrs of age to develop socially and emotionally. Each session provides personalized literacy, basic life skills and activities, homework help, a healthy snack, and STEAM enrichment activities that focus on Science, Technology, Engineering, Arts, and Mathematics. The goal is to inspire students' interests and encourage them to explore their passions!

WHAT

- Stipends / Incentives
- Community Engagement
- Conflict Resolution
- Financial Literacy
- Healthy Eating and Living
- Vision Casting
- Resume Writing
- Creative Arts

WHERE
5724 W. North Ave.
North Austin Library

WHEN
Begins October 16th
Monday -Thursday
4:00 PM - 6:00 PM

CONTACT US
Phone: 630 803 8403
info@whataboutusinc.org

SCAN THE QR CODE TO REGISTER



SUMMER INTERNSHIP: [Bank of America Student Leaders®](#) for Juniors and Seniors. This is an 8-week paid internship at a local nonprofit/charitable organization and a week-long Student Leaders Summit in Washington, DC (July 22-27, 2024), Expenses are paid. Applications are due January 17th, 2024!

Free Stuff

- [The Best Free things to do in Chicago](#)
- [Chicago Public Library Free Events](#)
- [UIC Flames Sparky's Kids Club](#) a fun club for kids & a great introduction to UIC and being on a college campus
- Find all events in your neighborhood: My Chi My Future App <https://explore.mychimifuture.org/>
- [FREE MUSEUM DAYS](#)
- [Teen Arts Pass \(free tickets!\)](#)
- [Great Nature Centers](#)
- **FREE Every Wednesday Night: Adler at Night** Every Wednesday, the Adler stays open late from 4pm-10pm so that folks can visit after work or school. And best of all, admission is free on those nights for Illinois residents. <https://www.adlerplanetarium.org/event/adler-at-night/>
- [OPEN BOOKS PILSEN - Free kids books!](#)
- NEW COOKING SCHOOL [Junior Chefs Kitchen](#)
 - Grand Opening Free Cooking Classes
 - [Friday 3-4PM 11/17/23](#)
 - [Friday 5-6PM 11/17/23](#)
 - [Saturday 12-1PM 11/18/23](#)
 - [Saturday 2-3PM 11/18/23](#)
 - [Saturday 4-5PM 11/18/23](#)
 - [Sunday 9-10AM 11/19/23](#)
 - [Sunday 11-12PM 11/19/23](#)
 - [Sunday 1-2PM 11/19/23](#)

Family Volunteer Opportunities

- <https://events.thehoneycombproject.org/>
- <https://cleanupgiveback.org/>

SCHOLARSHIPS & College Search

[LGBTQA+ Scholarships](#)

[College Diversity Fly In Programs](#)

<https://www.palumbofoundation.org/scholarship-program/> The program is open to high school seniors and undergraduates with a minimum GPA of 3.0.

<https://getschooled.com/> Great Resource for planning for after High School! Juniors and Seniors should sign up! GET SCHOOLED: If your students have questions about getting into college, finding a job, or succeeding at both they can text us by sending #Hello to 33-55-77 - our FREE college and job advising text line.

FREE College Essay Coaching with Suzy Weinberg: Looking for help with those pesky college essays? We're pleased to offer personalized, one-on-one consultations and coaching with expert, Suzy Weinberg. Suzy is an expert on the power of storytelling and can help you convert your ideas into cogent and powerful essays sure to wow the admissions officers at your dream school. For more information on this offering, please email info@storystudiochicago.org.



FUNDING YOUR FUTURE EXPO!
Presented By: Chicago Public Schools & the Office of School Counseling and Postsecondary Advising
November 01, 2023

What to Expect...

- Scholarship Completion Support
- Speak with Scholarship Providers
- Undocumented Student & Family Support
- FAFSA & FSA ID Completion
- Writing Workshop
- Interview Tips and Tricks

CLASS OF 2024 JOIN US

- Wednesday, November 01, 2023 from 5:00 pm to 8:00 pm
- University of Illinois at Chicago (UIC) Student Center: 750 S Halsted St. Chicago, IL 60607

Register Here!



<https://tinyurl.com/crosscholarships2023>

OSCPA Scholarships Chicago Public Schools

JOBS/Internships for 18+

<https://caracollective.org/for-job-seekers/>

<https://www.pathtopro.com/free-training/>

[Chicago Hospitality Institute](#)

[Greater West Town Woodworkers Training](#)

[West Town Academy](#) - An alternative high school for students between the ages of 16 and 21 who are not enrolled in a traditional high school or GED program and wish to return to school and obtain their high school diploma

[Greater West Town Shipping & Receiving Training](#)

[Greater West Town Job Placement](#)

[YWCA Construct Program](#) 6 through 11 week training programs

[YWCA CompTIA+ Certification Career Pathway](#) 8 week training – 4 weeks IT and 4 weeks Success Skills Training



Family Support

<https://getcareillinois.org/> This site is an open resource where one can click to access healthcare coverage and understand how to use it to seek care from a doctor/healthcare provider.

Chicago Resiliency Fund 2.0

The Department of Family and Support Services has opened a new round of applications for the Chicago Resiliency Fund 2.0, which will provide a one-time, \$500 relief payment of up to 7,000 eligible Domestic Workers and 10,000 Undocumented Residents of Chicago (\$8.5M in total). The purpose of the fund is to provide relief to low-income Chicagoans who had difficulties accessing prior federal stimulus payments in 2020 and 2021. The previous round, which is still open, is for eligible Chicagoans who claimed adult dependents in their 2019 taxes, such as a college student or disabled relative living in the home.

For this round, applicants must meet the below eligibility criteria:

Residents can visit www.chicash.org to learn more and apply.

Get free rides for your job search from Lyft

If you need rides to job trainings, job interviews, or a job, see if this program is available in your city.

<https://www.lyft.com/lyftup/jobs-access>

Free internet

[AT & T Free Internet](#)

[T Mobile Free Internet](#)

[LGBTQ Student Guide](#)

Mental Health

[Mental Health School Supplies](#) – a student toolkit that contains several resources and tips on how to manage your stress as you prepare for back to school.

[The Science of Well-Being for Teens Course](#) offered by YALE. <https://www.coursera.org/learn/the-science-of-well-being-for-teens> This course is free to take without a certificate.

A recent survey found that 37% of teens say they have poor mental health. This 6-week course aims to curb this mental health crisis by bringing together the best insights from Dr. Laurie Santos' popular Yale course Psychology and the Good Life. In this

course, you will explore what the field of psychology teaches us about how to be happier, how to feel less stressed, and how to thrive in high school and beyond. The lessons along with short weekly 'happiness homework' assignments will ultimately prepare you to put these scientific findings into practice. The ultimate goal is for you to feel better and build healthier habits. Parents, teachers, and other professionals supporting teenagers may also find the course beneficial.

HELP LINES:

- Text **HOME to 741741** to connect with a volunteer Crisis Counselor: Crisis Text Line is here for any crisis. A live, trained Crisis Counselor receives the text and responds, all from our secure online platform. The volunteer Crisis Counselor will help you move from a hot moment to a cool moment.
- **988 Helpline** offers 24/7 access to trained crisis counselors who can help people experiencing mental health-related distress. That could be: Thoughts of suicide, Mental health or substance use crisis, or any other kind of emotion distress
- **211** connects you to expert, caring help. Every call is completely confidential. 211 is available on a 24-hour basis to connect residents to a wide variety of human services or social services.
- NAMI (National Alliance for Mental Illness) helpline is staffed Mon-Fri (9:00 am – 9:00 pm). Call **1-800-950-NAMI(6264)** or text **62640**
- SAMHSA (Substance Abuse and Mental Health Services Administration) National Helpline: 24/7 365 days a year treatment referral and information service. **1-800-662-HELP (4357)**

[MY CHI MY FUTURE APP](#) – resource for lots of things going on in Chicago. Download the app!

We APPRECIATE all the things you do to support BBBS! If you want to do a little more, here's some ways to help our agency to grow:

- Follow us & Engage on Social Media (@BBBBSCHI)
- If you shop at Walmart, support BBBSCHI:
<https://www.walmart.com/registry/registryforgood> - search 60661 for Big Brother Big Sisters Metropolitan Chicago
- Talk about being involved with BBBS with people you know. Share our link if they are curious or to sign up to volunteer or enroll their children:
<https://bbbschgo.org/volunteer/>
<https://bbbschgo.org/enroll-a-child/>



Dawn Steffen
Family Engagement Coordinator
Cell: 312-625-2690
bbbschgo.org