Greetings BBBS Families!

The VERY BEST month of the year is here! I have listed below tons of things to do to celebrate the Fall season. I'd love reviews of whatever you do!!! Also – lots of jobs training opportunities for folks 18+. I love feedback – so let me know what is helpful, what you'd like to see more of!

We APPRECIATE all the things you do to support BBBS! If you want to do a little more, here's some ways to help our agency to grow:

- Follow us & Engage on Social Media (@BBBBSCHI)
- If you shop at Walmart, support BBBSCHI:

https://www.walmart.com/registry/registryforgood - search 60661 for Big Brother Big Sisters Metropolitan Chicago

Talk about being involved with BBBS with people you know. Share our link if they are curious or to sign up to volunteer or enroll their children:
 https://bbbschgo.org/volunteer/
 https://bbbschgo.org/enroll-a-child/

BBBSCHI OPPORTUNITES:



Free Library of eBooks to borrow and read on the Open eBooks app. The app is available for download on both iOS and Android platforms. The app requires a minimum of iOS 10 or Android 6. Open eBooks on Web (www.openebooks.org) can be accessed via Chromebooks, laptops, or desktop computers, and on other devices where you can't download a mobile app. Download the app and email me for your account and pin!

SET A READING GOAL for your children! Reply to this email for your code!

We have limited Free Tickets to:



Jason and the Argonauts

Saturday, October 21, at 11:00 a.m. and 2:00 p.m.

Vittum Theater

1012 N Noble St

Inspired by the ancient Greek myth, Jason and the Argonauts follows the thrilling adventures of a young man and his friends as they embark on a courageous quest to find the Golden Fleece, facing formidable challenges. Email Dawn for tickets!

Do your kids LOVE to do art? We have 3 GREAT opportunities to use that skill. Flyers are attached for information on all 3.

- Design the BBBS Chi Holiday Card **PLEASE design our card!!!** Matches who enter will receive a gift card for an outing or more art supplies!
- Design a pair of Merrell Shoes- All BBBS Littles under the age of 18 may enter by
 downloading the coloring sheet attached. Then they should create a design inspired by
 the parks, trees, and outside environment, and email the design to
 kidsshoedesign@wwwinc.com by November 3, 2023 at 11:59 PM EST. The winner will
 have their shoe produced in Merrell's Fall '24 line of product and will receive a
 scholarship up to \$3,000 towards furthering their education.

Make Ornaments for Macy's stores - Macy's is inviting Bigs & Littles to design holiday
ornaments that will be displayed in Macy's Herald Square Store windows in the heart of
New York City! The holiday windows launch annually during the first week of
November and serve as a seasonal destination for millions of people through
December. Finished designs must be MAILED and RECEIVED by Macy's no later than
October 25th. Please see the full list of design guidelines, templates, and mailing
addresses attached

YOUTH ENRICHMENT, EMPLOYMENT & LEADERSHIP OPPORTUNITIES:



Exelon Stem Academy for HS Girls NOVEMBER 8, 2023, 04: 30 PM - 06: 00 PM Join our Student Mentors in a light hearted engineering challenge to make the most efficient rubber band race car. We'll send you the materials you'll need to create your racer.

Lifeguard Explorers! Earn \$300 and get ready to have a GREAT JOB next summer!

After School Matters It's not too late to sign up – paid awesome activities for kids 14+ who

Youth Peer Support Action Summit taking place November 10-11. The free virtual event, designed and led by youth, will unite young people and adult allies for conversation, relationship-building, and learning Register Here

Party Per Purpose Teen Center 3932 S California Free Therapy, Free Classes

After School Writers Workshop Grade 1 - 8 Apply Here Burst Into Books' Headquarters (11001 S. Michigan Avenue, Chicago, IL. 60628). Students will meet twice a week (Mondays and Wednesdays) from 3:30 pm to 6 pm. One hour will be dedicated to homework and 1.5 hours for the workshops. All participants will be developing their writings to become published authors!

South Side Youth Support

attend a CPS school

<u>Discover Computing</u> Discover Computing is a two-part program series designed to build a deeper understanding of computer science (CS) for and support a more diverse pool of individuals pursuing computer science and tech-related fields of study in Illinois for HS Freshman and Sophomore.

Free Events:

- Chicago Public Library Free Events
- <u>UIC Flames Sparky's Kids Club</u> a fun club for kids & a great introduction to UIC and being on a college campus
- Find all events in your neighborhood: My Chi My Future App https://explore.mychimyfuture.org/
- FREE MUSEUM DAYS
- Teen Arts Pass (free tickets!)
- Great Nature Centers
- FREE October 14th & 15th Chicago Architecture Center Open House
 https://openhousechicago.org/ Sites are all over the city! BEST EVENT OF THE YEAR
 PLEASE send pictures if you visit any sites!
- Chicago Halloween Happenings!
- Suburban BEST DECORATED HALLOWEEN HOUSES!
- Halloween Happenings!
- Dia De Ls Muertos Events
- FREE Various Dates: Trick or Treating! Learn More Here
- FREE Oct 9 23 Black Arts Month https://www.aaaachicago.org/blank
- FREE Every Wednesday Night: Adler at Night Every Wednesday, the Adler stays open late from 4pm-10pm so that folks can visit after work or school. And best of all, admission is free on those nights for Illinois residents.

 https://www.adlerplanetarium.org/event/adler-at-night/
- FREE September 29-October 29th Lincoln Park Zoo Fall Festival https://www.lpzoo.org/event/fall-fest/
- FREE October 14th & 15th Chicago Architecture Center Open House https://openhousechicago.org/ Sites are all over the city!
- Walk Walton October 22nd a nature fest and fundraiser benefiting Homewood Science Center. Celebrate the science of the season at Homewood Izaak Walton Preserve in Homewood
- OPEN BOOKS PILSEN Free kids books!
- NEW COOKING SCHOOL Junior Chefs Kitchen
 - Grand Opening Free Cooking Classes
 - Friday 3-4PM 11/17/23
 - Friday 5-6PM 11/17/23
 - Saturday 12-1PM 11/18/23
 Saturday 2-3PM 11/18/23

- Saturday 4-5PM 11/18/23
- Sunday 9-10AM 11/19/23
- Sunday 11-12PM 11/19/23
- Sunday 1-2PM 11/19/23

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Family Volunteer Opportunities

- https://events.thehoneycombproject.org/
- https://cleanupgiveback.org/

SCHOLARSHIPS & College Search

LGBTQA+ Scholarships

College Diversity Fly In Programs

https://getschooled.com/ Great Resource for planning for after High School! Juniors and Seniors should sign up!

College Fair SAT, OCT 14, 2023, 9:00 AM - 2:00 PM CT ISADORE AND SADIE DORIN FORUM 725 W ROOSEVELT RD

<u>Funding Your Future Scholarship Expo</u> Wednesday, November 01, 2023 from 5:00 pm to 8:00 pm

<u>Stem Academy - Paying For College</u> OCTOBER 16, 2023, 04: 30 PM - 05: 45 PM Calling all high school students! Join us on Zoom to discuss all things FAFSA from a parent and student perspective and how to pay for school.

GET SCHOOLED: If your students have questions about getting into college, finding a job, or succeeding at both they can text us by sending #Hello to 33-55-77 - our FREE college and job advising text line.



JOBS/Internships for 18+

https://caracollective.org/for-job-seekers/

https://www.pathtopro.com/free-training/

Chicago Hospitality Institute

Greater West Town Woodworkers Training

<u>West Town Academy</u> - An alternative high school for students between the ages of 16 and 21 who are not enrolled in a traditional high school or GED program and wish to return to school and obtain their high school diploma

Greater West Town Shipping & Receiving Training

Greater West Town Job Placement

YWCA Construct Program 6 through 11 week training programs

YWCA CompTIA+ Certification Career Pathway 8 week training – 4 weeks IT and 4 weeks Success Skills Training

Family Support

https://getcareillinois.org/_ This site is an open resource where one can click to access healthcare coverage and understand how to use it to seek care from a doctor/healthcare provider.

Chicago Resiliency Fund 2.0

The Department of Family and Support Services has opened a new round of applications for the Chicago Resiliency Fund 2.0, which will provide a one-time, \$500 relief payment of up to 7,000 eligible Domestic Workers and 10,000 Undocumented Residents of Chicago (\$8.5M in

total). The purpose of the fund is to provide relief to low-income Chicagoans who had difficulties accessing prior federal stimulus payments in 2020 and 2021. The previous round, which is still open, is for eligible Chicagoans who claimed adult dependents in their 2019 taxes, such as a college student or disabled relative living in the home.

For this round, applicants must meet the below eligibility criteria:

Residents can visit www.chicash.org to learn more and apply.

Get free rides for your job search from Lyft

If you need rides to job trainings, job interviews, or a job, see if this program is available in your city.

https://www.lyft.com/lyftup/jobs-access

Free internet

AT &T Free Internet
T Mobile Free Internet

LGBTQ Student Guide

Mental Health

<u>Mental Health School Supplies</u> – a student toolkit that contains several resources and tips on how to manage your stress as you prepare for back to school.

The Science of Well-Being for Teens Course offered by YALE. https://www.coursera.org/learn/the-science-of-well-being-for-teens This course is free to take without a certificate.

A recent survey found that 37% of teens say they have poor mental health. This 6-week course aims to curb this mental health crisis by bringing together the best insights from Dr. Laurie Santos' popular Yale course Psychology and the Good Life. In this course, you will explore what the field of psychology teaches us about how to be happier, how to feel less stressed, and how to thrive in high school and beyond. The lessons along with short weekly 'happiness homework' assignments will ultimately prepare you to put these scientific findings into practice. The ultimate goal is for you to feel better and build healthier habits. Parents, teachers, and other professionals supporting teenagers may also find the course beneficial.

HELP LINES:

- Text **HOME to 741741** to connect with a volunteer Crisis Counselor: Crisis Text Line is here for any crisis. A live, trained Crisis Counselor receives the text and responds, all from our secure online platform. The volunteer Crisis Counselor will help you move from a hot moment to a cool moment.
- **988 Helpline** offers 24/7 access to trained crisis counselors who can help people experiencing mental health-related distress. That could be: Thoughts of suicide, Mental health or substance use crisis, or any other kind of emotion distress
- 211 connects you to expert, caring help. Every call is completely confidential. 211 is available on a 24-hour basis to connect residents to a wide variety of human services or social services.
- NAMI (National Alliance for Mental Illness) helpline is staffed Mon-Fri (9:00 am 9:00 pm). Call 1-

800-950-NAMI(6264) or text 62640

• SAMHSA (Substance Abuse and Mental Health Services Administration) National Helpline: 24/7 365 days a year treatment referral and information service. 1-800-662-HELP (4357)

MY CHI MY FUTURE APP – a stop resource for lots of things going on in Chicago. Download the app!



Dawn Steffen

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